



**MAY 30-JUNE 1, 2024**

## **MUST BE PRE-REGISTERED** **NO DAY-OF REGISTRATIONS**

Register and pay online: ..... [www.siouxfalls.gov/senior-games](http://www.siouxfalls.gov/senior-games)

Email registration form: ..... [nicole.tietjen@siouxfalls.gov](mailto:nicole.tietjen@siouxfalls.gov)

Mail or deliver form: ..... **231 North Dakota Avenue, Sioux Falls, SD 57104**

Include entry fee. Make checks payable to Sioux Falls Parks and Recreation.

*If an ADA accommodation is needed, please contact the Human Relations Office at 605-367-8745 or [human.relations@siouxfalls.gov](mailto:human.relations@siouxfalls.gov) at least five (5) business days before the event.*

Sioux Falls Parks and Recreation  
231 North Dakota Avenue · Sioux Falls, SD 57104

**PLEASE COMPLETE BOTH SIDES OF ENTRY FORM**





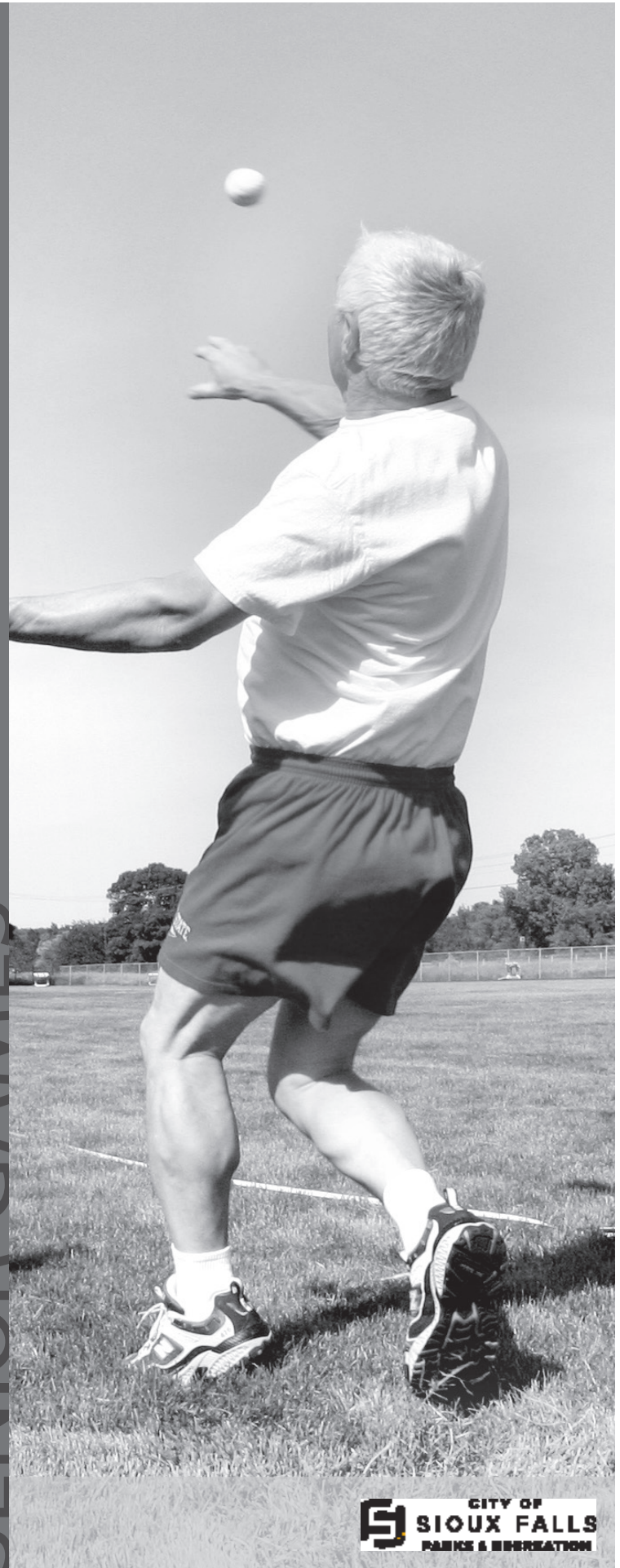
**MAY 30-JUNE 1, 2024**

**EVENTS FOR AGES 50 AND BETTER**

Planning Partners:

- Sioux Falls Parks and Recreation
- Sioux Falls Public Schools
- Great Life Suburban Lanes
- Active Generations
- Brandon Valley School District

SENIOR GAMES



# EVENT SCHEDULE

**Every participant must be pre-registered. Please check in at least 30 minutes prior to your event.**  
Some men's and women's events may be combined due to number of entries. **NO WALK-UPS THE DAY OF THE EVENT.**

## THURSDAY, MAY 30, 2024

TIME	ACTIVITY	LOCATION
3PM	Pool	1
3PM	Shuffleboard Singles <i>(Men and Women)</i>	1
3PM	Bean Bag Toss Singles <i>(Men and Women)</i> 50 Bags	1
3-5PM	Table Tennis Singles	1
	Table Tennis Doubles	1

## FRIDAY, MAY 31, 2024

TIME	ACTIVITY	LOCATION
9:30AM	Pickleball Mixed Doubles	3
10:30AM	Pickleball Doubles <i>(Men and Women)</i>	3
11AM-1PM	Bowling Mixed Doubles <i>(Men and Women)</i>	2
2PM	Horseshoes <i>(Men and Women)</i>	4

## SATURDAY, JUNE 1, 2024

TIME	ACTIVITY	LOCATION
8-10AM	Shot Put	5
	Softball Throw	5
	Discus	5
	Javelin	5
8-9AM	High Jump	5
9-10AM	Standing Long Jump	5
	Running Long Jump	5
10AM	50-Meter Dash	5
10:15AM	100-Meter Dash	5
10:25AM	800-Meter Run	5
	1500-Meter Run	5
	800-Meter Walk	5
	1500-Meter Walk	5
11AM	400-Meter Dash	5
11:10AM	400-Meter Walk	5
11:20AM	200-Meter Dash	5
12NOON	Bowling Singles <i>(Men and Women)</i>	2
1:30PM	Bowling Doubles <i>(Men and Women)</i>	2
2PM	Basketball	6
	Field Goals/Free Throws <i>(Men and Women)</i>	

TIME  
FRAMES  
FOR THESE  
EVENTS  
ARE SET

## EVENT LOCATIONS

NUMBER	LOCATION/ADDRESS
1	<b>Center for Active Generations</b> 2300 West 46th Street
2	<b>Great Life Suburban Lanes</b> 2621 South Spring Avenue
3	<b>Riverdale Park</b> 2000 East 24th Street
4	<b>McKenna Park</b> 24th Street and Second Avenue
5	<b>Lincoln High School</b> 2900 South Cliff Avenue
6	<b>Fred Assam Elementary</b> 7700 East Willowood Street

**PARTICIPANTS  
MUST BE  
PRE-REGISTERED**  
NO WALK-UPS THE DAY OF EVENT

# GUIDELINES

Every participant must be pre-registered. Please check in at least 30 minutes prior to your event.



## **Basketball: Field Goals/Free Throws** (25 of each)

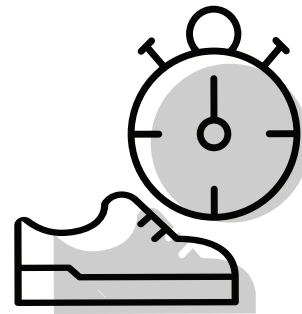
Fred Assam Elementary.

## **Bean Bag Toss** (50 bags)

Center for Active Generations. Participation is open for singles. If you have a board set, please bring it. Rules will be provided.

## **Bowling** (\$2 per game, shoes included)

Great Life Suburban Lanes. Three lines will be bowled in both the singles and doubles events. If you're bowling in the doubles, you must provide your own partner. The age division for doubles will be determined by the lower age of the two partners as of September 1, 2024. Fee collected at Great Life prior to event. (No handicapping will be allowed).



## **Horseshoes**

McKennan Park pits near 24th Street and Second Avenue. Participants provide own shoes.

## **Pickleball**

Riverdale Park.

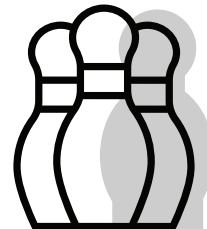


## **Pool**

Center for Active Generations.

## **Shuffleboard**

Center for Active Generations. Six ends—shoot for total score.

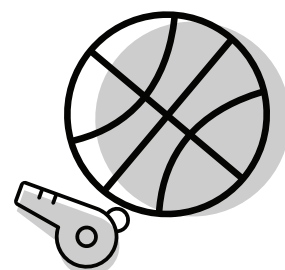


## **Table Tennis**

Center for Active Generations. Doubles age division determined by the lower age of the two partners as of September 1, 2024.

## **Track & Field**

Lincoln High School. Track attire required. If spikes are used, only 1/8" spikes will be allowed.



# ENTRY FORM

38th Annual Sioux Falls Regional Senior Games  
MAY 30-JUNE 1, 2024

Name \_\_\_\_\_  Male  Female  
(Please print) (Last) (First) (MI)

Address \_\_\_\_\_ Home Phone \_\_\_\_\_  
(Street)

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_ Cell Phone \_\_\_\_\_

Email (all caps) \_\_\_\_\_

Date of Birth \_\_\_\_/\_\_\_\_/\_\_\_\_

Age Category (Age as of 9/1/2024)

Fee Enclosed

\$10 on or before May 10, 2024

\$15 after May 10, but before May 26, 2024

<input type="checkbox"/> 50-54	<input type="checkbox"/> 55-59	<input type="checkbox"/> 60-64	<input type="checkbox"/> 65-69	<input type="checkbox"/>
<input type="checkbox"/> 70-74	<input type="checkbox"/> 75-79	<input type="checkbox"/> 80-84	<input type="checkbox"/> 85-89	<input type="checkbox"/>
<input type="checkbox"/> 90-94	<input type="checkbox"/> 95-99	<input type="checkbox"/> 100+	<input type="checkbox"/>	<input type="checkbox"/>

T-Shirt Size

(Must register on or before May 10, 2024 to guarantee event t-shirt)

SM  MED  XL  XXL



**PLEASE COMPLETE BOTH SIDES OF ENTRY FORM**

## Waiver and Hold Harmless Agreement

The user agrees to indemnify, defend and hold the City, and its officers, agents and employees harmless from any and all liability, damages, actions, claims, demands, expenses, judgments, fees and costs of whatever kind or character, arising from, by reason of, or in connection with the use of the facilities described herein. It is the intention of the parties that the City, and its officers, agents and employees shall not be liable or in any way responsible for injury, damage, liability, loss or expense resulting to the user and those it brings onto the premises due to accidents, mishaps, misconduct, negligence or injuries either in person or property.

User expressly assumes full responsibility for any and all damages or injuries which may result to any person or property by reason of or in connection with the use of the facilities pursuant to this Agreement, and agree to pay the City for all damages caused to the facilities resulting from user's activities hereunder.

## SCHEDULE CHANGES

Participants will be notified via phone, email, or social media postings for any changes or adjustments in events, schedule, and location.

## DEADLINE

Advance registration deadline is **Friday, May 10, 2024 at 5 p.m.**

## For More Information

Call Nicole at 605-978-6931, or visit our site: [www.siouxfalls.gov/senior-games](http://www.siouxfalls.gov/senior-games).



**I HAVE READ THIS RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OF RISK AND INDEMNITY AGREEMENT, FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT, AND HAVE SIGNED IT FREELY AND VOLUNTARILY WITHOUT ANY INDUCEMENT, ASSURANCE OR GUARANTEE BEING MADE TO ME AND INTEND MY SIGNATURE TO BE A COMPLETE AND UNCONDITIONAL RELEASE OF ALL LIABILITY TO THE GREATEST EXTENT ALLOWED BY LAW.**

**SIGN  
HERE**

Signature \_\_\_\_\_

Date \_\_\_\_\_





# ENTRY FORM

- Complete both sides of entry form.
- Register online, by email, or by mailing this form.
- If by mail, detach the completed entry form and mail or deliver with **\$10 fee** to Sioux Falls Parks and Recreation on or before 5 p.m., **Friday, May 10, 2024** (at the address below).

Registration fee will be \$15 if received after May 10, but before May 26, 2024.  
Bowling has additional fees that are payable at time of event.



**Sioux Falls Parks and Recreation • 231 North Dakota Avenue • Sioux Falls, SD 57104**

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<input type="checkbox"/> 10:25AM	800-Meter Run 1500-Meter Run 800-Meter Walk 1500-Meter Walk
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