



COMPASSIONATE
S I O U X F A L L S

what is it?

c o m • p a s • s i o n

Compassion is a noun that means the humane quality of understanding the suffering of others. If someone shows kindness, caring, and a willingness to help others, they're showing compassion.

In 2008, Karen Armstrong won the TED Talk prize and made a wish for creating, launching and generating a Charter for Compassion. The Charter project began building partnerships with individuals and organizations around the world "to bring compassion to life." Individuals, organizations, towns and cities can sign and affirm the Charter as a statement of support and action to foster compassion around the world. As Karen Armstrong stated, "In a Compassionate Community, people are motivated by compassion to take responsibility for and care for each other."

why sioux falls?

Sioux Falls is a city with community members and organizations striving to practice compassion on a daily basis. However, becoming a recognized compassionate community will help strengthen community connections and will help establish a community-wide plan of action to continue to bring compassion to life in Sioux Falls.



**Growing from
Tolerance to
ACCEPTANCE**

“Compassion is a practically acquired knowledge, like dancing. You must do it and practice diligently day by day.”





Karen Armstrong

what can we do?

- ∞ Perform random acts of kindness
- ∞ Encourage others to act with compassion
- ∞ Connect with individuals, organizations and local government
- ∞ Identify goals for targeted outreach and activities
- ∞ Spotlight relevant issues
- ∞ Plan and attend informational and educational events & community-wide celebrations
- ∞ Celebrate & recognize the valuable diversity of all community members
- ∞ Empower our community to grow from tolerance to acceptance
- ∞ Be the difference

join the movement:

FEEL. SPEAK. ACT.

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